

A close-up photograph of a baby's hand and foot resting on a thick, white, shaggy fur rug. The baby's hand is placed on a round, light-colored wooden sign that has the words "nine MONTHS" engraved on it in a dark, cursive font. The baby's foot is visible to the left of the hand. The background is a soft, out-of-focus white fur rug.

# Milestone Sessions

Kate Buckles Photography

your guide to a  
*stress free*  
photo session

# welcome

I am so excited to work with you and your family. This is such an amazing season to capture and I know you will be so glad you took these for years to come! The goal of this guide is to make sure you know everything you need so your photo session is stress-free and easy!

Milestone sessions are short and sweet, typically they are done at around 3, 6 & 9 Months for the just the baby! If you are wanting to add in siblings or parents, please let me know beforehand so we can book your for a family session!

I tend to move pretty quickly with little ones, since most have short attention spans, sessions are scheduled for 15 minutes each!

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## TODAY

Once you have booked your session, you will get an email confirmation as well as a deposit request!

## WHAT TO BRING

- In addition to the necessities (diapers, wipes, etc), feel free to bring a favorite toy or blankie to comfort the baby.
- It's wise to bring extra milk/formula/drinks and a snack just in case baby needs a break.
- Outfits! Most families will choose to bring a cute outfit (see below for ideas!) and then we do one in just their diaper.

## WHAT TO WEAR

- Here are some overall thoughts on clothing for your little one, but please read each age description below for more detailed information!
- Solids and simple prints are best to keep the focus on faces. Textures and layers are great to add interest.
- Make sure clothes fit well and aren't too baggy. Avoid neon colors, orange and red near the face, large prints, as well as large, distracting logos.
- If you want to do diaper photos as well (most do and these are SOOO cute!) make sure you have on a diaper with a print you like!

## STRANGER ANXIETY

I've found that babies as young as 6 months can start to feel uneasy around strangers. When you arrive, one of the first things I do is assess how your child reacts to me. Some children have no problems interacting with me and others are immediately leery. Sometimes we can dive right into the session, and other times we might spend the first few minutes playing on the floor, letting them adjust to me and their new environment. Please know that your child's comfort and happiness is of top importance!

## RESCHEDULING

Life happens! If there is a family emergency, if anyone isn't feeling well, or your little one takes a tumble (scrape/bruise), just reach out and we can discuss a change of plans. Please know that I am happy to work with any issues that arise, and that I leave time in my schedule to accommodate them. I'd love to hear from you 24+ hours before the session if at all possible!



# ages and stages



Milestone photos will look different for each session as your baby is growing and changing so much in the first year!

Here is a little guide to help you plan and know what to expect with each session!

## 3 Months

At this age, baby spends much of their time photographed on their backs. We will change positions and outfits to get some variety! If baby is willing, I will also try to pose on their belly and safely propped in a sitting position. We have a great bean bag that makes for the cutest tummy photos!

Smiles are not always common at this age, but I will certainly try my best. I know, no matter what, we will get some beautiful portraits of your little one that captures their sweet dispositions and how much they've grown.

Clothing suggestions: keep things very simple. A onesie, a romper, a pair of shorts/pants or bloomers. Avoid clothing that is too baggy or bulky.

## 6 Months

At 6 months your baby may or may not be sitting on their own. We typically use a soft rug and a crate at this age to capture the sweet images.

We will do both sitting (propped if needed!) and tummy!

Some babies just smile like crazy at this age, others don't at all! Don't stress, we will always get sweet photos no matter what!

Clothing suggestions: Keep things pretty simple. Bring items that let baby kick and wiggle around comfortably. This is also a great age to feature that beautiful baby skin.

## 9 Months

Baby's personality is shining through now! I will feature baby sitting on their own, pushing up, and maybe even crawling. The age a baby masters each of these can vary greatly.

Often I rely on hands on from parents to position baby, of course with my guidance and support! Clothing suggestions: Keep things pretty simple. Bring items that let baby kick and wiggle around comfortably.





# whats next?

Once we have taken your photos... this is what you can expect!!

You will receive your photos via email 7-10 days from our shoot! During busy seasons like fall, it may be a little longer, but I will make sure to communicate that with you at your session!

You will get TWO emails. The first will be an email letting you know to look for your gallery. Every now and then a gallery goes to junk mail, so I want to make sure you don't miss them! This email also has important information on your gallery, make sure to read it all!

The second email is a link to your gallery of photos... YAY!!!

Everything in your gallery has been edited and is fully ready for your use. Make sure to download ALL the photos! The gallery is active for 2 months from delivery and will be archived after that. We never delete final photos, but there is a \$25 fee to re-upload your photos after the 2 months.

Your gallery has a print option as well, and has the most beautiful options as well as GREAT prices! I highly suggest using this option for printing your photos! They will ship directly to you and are typically very fast in printing! If you are going to print through a different printer (ex. Walgreens, Walmart, etc.) they often do not have calibrated printers, meaning the colors and quality will not do your beautiful photos justice! I always have a large number of clients each year share with me their regrets in not using a professions printer ;)





# Thank you!

I am looking forward to your session! If there are other questions that come up before then, I would be more than happy to answer!

SEE YOU SOON!

Love, Kate



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