

# MATERNITY

A pregnant woman with her hair in a bun, wearing a light blue, off-the-shoulder, floor-length dress with a colorful patterned band across the shoulders. She is smiling and looking to her right, with her hands resting on her belly. She stands in a vast, sandy desert landscape under a warm, golden sunset sky. In the background, there are rolling sand dunes and some sparse, dry vegetation. The overall mood is serene and beautiful.

Kate Buckles Photography

+ YOUR MATERNITY  
PHOTO SESSION:  
**WHAT YOU NEED TO  
KNOW**

+ WHAT TO WEAR

+ 5 THINGS YOU WILL  
WANT TO BRING TO  
YOUR SESSION

+ **PLUS MORE**



# Welcome

Welcome to Kate Buckles Photography!  
We're honored you chose us for your maternity photos. This is such a special time in your life and we can't wait to help create photos that allow you to further celebrate and look back on for many, many years. Now comes the fun process of planning out what to wear. Getting dressed while expecting can present a whole different set of challenges, of course, we don't have to tell you that. To make your maternity photo session enjoyable throughout, we want to give you some tips and tricks that will make outfit planning much smoother.



# Maternity Sessions

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## What you need to know

Ideally, you want to schedule your maternity session anywhere between 30-35 weeks- this will give you the option to show off your bump!!

Since we want you to be as comfortable as possible throughout your maternity session, movement is kept to a minimum, which means simple poses. We also aim to move through the shots as quickly as possible. If you would like to include your siblings and spouse in some of the shots, PLEASE bring them, we love it when we can celebrate with the whole family. There are ideas for families on page 10! Though don't worry much about planning how to pose with your kids! We will make sure you have all the help and guidance you need!

The time allowed for two outfit changes if you wish! If you are going to do two, I suggest wearing the more casual outfit first and then dressing it up for the golden hour light towards the end!

Following your session, we typically take 7-10 days to edit your photos to perfection! If there are any specific things you want to pay attention to, (like a zit that just happened to pop up, or a scrape on your child's face!) just let me know at your session! I typically catch most of these things, but always happy to make sure!

Many of our clients also choose to also schedule a newborn session, if you do this before your maternity session there is a discount as well! Newborn sessions are ideally scheduled within two weeks of the baby's birth! If you have questions about newborn sessions I would be honored to answer!





# 5

## THINGS TO BRING TO YOUR MATERNITY SESSION

Your maternity session is scheduled, now it's time to prepare so you can enjoy the process! There are 5 things we recommend bringing to your maternity session to make it smooth and fun.

### outfits

This may seem obvious, but you're going to need any and all outfits you plan on wearing during your photography session. Take into consideration whether or not you will be changing outfits at all and make sure you pack the entire outfit! Don't forget about any specific undergarments, shoes and accessories to complete the look.

### water & snacks

To keep the photography session running smooth, we highly recommend packing some snacks and water to bring along with you. This way if you get hungry or thirsty throughout, you will be able to take a little break to regain some energy as needed.

### make-up

Even if you're planning on getting your makeup done professionally for your photos, we encourage expecting mothers to bring makeup with them in case minimal touch ups are needed at all. No need to bring your entire makeup collection, just the products necessary for your makeup look that day.



## props

If props are a part of your maternity photoshoot then you won't want to forget to bring them. We suggest packing any and all props the day before your session so that you don't have to worry about rushing around to find them the morning of. Most families do not bring anything, but ideas would be an ultrasound photo, little shoes, baby's name... whatever you want to have in your photos to remember this special season. Remember, simple is better!

## your family

This only applies to you if your maternity photos are set to include any of your current family members. Make sure everyone is on board and has it in their schedule so there isn't any mix-up that day. If you are doing a studio session, make sure I know beforehand who is joining so the studio can be set up correctly!



WHAT  
TO  
WEAR



## **solids are best**

Patterns and prints are fun to wear throughout your pregnancy, but they don't always work for photography because they tend to overwhelm. Instead, we suggest wearing solid colors for your maternity photo session. When choosing the color(s) to wear, this is where you can have fun. Just make sure the color is flattering with your personal coloring and works well with the location/background. It can be really fun to select colors based upon the season your photos are being taken in, to really portray the time of year.

## **choose form fitting pieces**

We know it can be challenging (and tempting!) to wear oversized clothes while your body is changing throughout your pregnancy, but it's best to avoid them for your photography session. Why? Because it's easy to get lost and look overwhelmed by clothes that are very flowy on the body. Stick with clothes that fit closer to the body so your bump is the highlight!

If you want a more flowy dress, I will make sure you are posed so that your bump shows and it is flattering!

## **define your bump**

Your maternity photos are all about celebrating this extremely special time in your life. That's exactly why you will want to dress in a way that defines your bump. There are a few ways you can achieve this. First, wearing something that fits close to the bump. Second, add a belt right above the bump. This will bring a lot of focus to that area of your body. We will also do this by the way we pose your hands!

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## **what guys should wear**

Avoid Matchy-Matchy – Choose Mom's outfit FIRST, to help with this. We recommend styling the guy's outfit to compliment so his' look doesn't overpower or distract at all. Focus more on styling the outfits to coordinate rather than be overly matchy. Simplicity is usually best!

# IDEAS FOR SHOOTING WITH SIBLINGS & TODDLER

Want to include siblings in your maternity shoot? There are so many fun, creative ways we can include your family. We're happy to brainstorm with you, in the meantime here are a few of our favorite ideas. And again, on the day of we have all the ideas and fun things to make sure you get perfect photos!



## use your ultrasound photo

The ultrasound photo is so special, and can be a really fun prop to include in your pictures. Get your other child(ren) involved in the photos by having them hold the ultrasound picture. It's fun for them and adds even more personalization to the images.

## have siblings hugging stomach

Family is all about love. We have found that siblings love to participate in maternity photoshoots when they have a chance to hug mom. Have them hold onto your stomach, give you a hug, or even cuddle for pictures that ooze family love.

## include big sister/ big brother sign

We love having the older siblings hold a sign that says 'big brother' or 'big sister.' It makes them feel really special during the maternity photos and gives them something fun to hold to get them really into it.

## carry them

There are countless ways you can carry your baby's siblings in photographs. Again, we think this is a great opportunity to get creative. Does your child love to 'swing' holding mom and dad's hands? That can make for an adorable family photo. Of course, you can always have dad hold them or put them up on his shoulders, too.



# DO'S AND DONT'S FOR YOUR MATERNITY SESSION

## **DO wear clothes you feel confident in**

More than anything, you deserve to feel confident during your maternity photo session. Wear an outfit(s) that makes you feel incredible. That confidence will shine through the photos and make the day that much more enjoyable.

## **DO show off your belly**

Maternity photos are all about the belly so make sure you show it off! This isn't the time to feel self-conscious or hide your belly, but rather to embrace it. Pregnancy only lasts for a short time, wearing clothes that show it off will be a great way to remember this time in your life.

## **DO test out your looks**

Laying out outfits is one step in the planning process, but because this is a maternity session and your body is evolving throughout your pregnancy we recommend physically trying on the outfits ahead of time. Put the full looks together with makeup and hair so you have a really good idea of what you want to look like, and can make any changes you feel are needed.

## **DONT wait until the last minute to plan**

There are a lot of moving parts when planning a maternity photoshoot. To enjoy it and eliminate a lot of stress, don't wait until the last minute to plan any of the details. This means pre-planning the location, (you are see options [HERE!](#)) makeup, outfits, etc. The more you plan the less stress you will have the day of your picture session.

## **DONT forget about your nails**

It's likely your nails (at least finger nails!) will show in the pictures so make sure they look the way you want. If you plan on wearing any open toed shoes, or even being barefoot, you'll want to pay close attention to your toe nails as well.





# Let's Plan What's Next!

## From the Bump on



### Mini Studio Newborn Session

- 1-hour session (depending on feeding and changes)
- Just the baby!
- 3 wraps (no naked or outfit)
- We will choose your colors based on your preference questionnaire.
- All done at my studio located close to Paseo/Coors.
- At least 20 fully edited photos delivered in an online gallery
- Print release (this means you can print the photos wherever you would like)
- Professional Media Ordering Options (i.e.: professional prints, albums, canvases, etc)
- Payment plans and gift registries available upon request
- \$515.00 (\$50 due at booking with the remainder due at session)

### Traditional Studio Newborn Session

#### **(Most Popular!)**

- 1-2 hour session (depending on feeding and changes)
- All props are provided, of course, you are welcome to bring anything you would like included as well! Click [HERE](#) for a link to our prop closet!
- 3 wraps + Outfit or Naked
- You choose colors & props
- Family & Sibling Photos (extended family like grandparents are an extra fee)
- All done at my studio located close to Paseo/Coors.
- At least 40 fully edited photos delivered in an online gallery
- Print release (this means you can print the photos wherever you would like)
- Professional Media Ordering Options (i.e.: professional prints, albums, canvases, etc)
- Payment plans and gift registries available upon request
- \$650.00 (\$50 due at booking with the remainder due at session)

### Lifestyle Newborn In Your Home

- 1 hour session
- 2 Props can be brought, options of props [here!](#)
- Family & Sibling Photos will be the focus, with the baby alone as well. These are much more casual, with less posed and more candid! See the gallery below for examples!
- Locations outside the Albuquerque/Rio Rancho area may incur a small travel fee
- At least 40 fully edited photos delivered in an online gallery
- Print release (this means you can print the photos wherever you would like)
- Professional Media Ordering Options (i.e.: professional prints, albums, canvases, etc)
- Payment plans and gift registries available upon request
- \$675 (\$50 due at booking with the remainder due at session)

# Let's Plan What's Next! (cont.)

## From the Bump on

### All Sessions Include:

Print release (this means you can print the photos wherever you would like)

Professional Media Ordering Options (i.e.: professional prints, albums, canvases, etc)

Payment plans and gift registries available upon request



### **3,6 & 9 month baby**

(booked together, 15 min)

20+ photos each month

\$400

### **3, 6 or 9 Month baby**

(booked individually, 30 min)

20+ photos each session \$250

### **Cake Smash 1st Birthday**

- 30 minute session
- 2 outfit changes
- Studio Location (Outdoors is an option with Family add on!)
- \$350 (\$50 due at booking with the remainder due at session)

Add On Options:

- Make it a family session for \$50 & choose your location!
- Want a milk bath or bubble bath after the smash? \$40 with all supplies provided!



## THANK YOU!!

We truly can't wait for your session! Please reach out with any questions you have!!

Love,  
Kate



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